

# The JUNIOR Curriculum

TO DEVELOP A STRONG BALLET FOUNDATION

Our **Junior Ballet Program** is for entry-level students to **develop a strong ballet foundation** focusing on Positions & Posture, flexibility, **Body Conditioning**, stamina, coordination, discipline, Rhythm, musicality, and Ballet Vocabulary to **prepare the student for the Vaganova Method**.

Whether your child dreams of dancing professionally or simply seeking the **joy of movement and self-expression**, our Junior Ballet Program sets the stage for a fulfilling and rewarding journey. With a **curriculum designed to prepare students for the esteemed Vaganova method**, they will be well-equipped to pursue their passion for ballet with confidence and determination.

Classes run weekdays between 3:00–7:00 PM, morning on weekends with additional time for show rehearsals.

- Learn & Develop Ballet Positions & Posture
- Introduction to Basic Ballet Jumps
- Introduction to Basic Ballet Turns
- Introduction to Barre Basics
- Develop Flexibility
- Develop Balance, Coordination & Athleticism
- Body Conditioning Using Floor Ballet
- Develop Rhythms and Musicality
- Discipline & Focus Development

**Join us and discover the magic of ballet today!**

Mommy & Me Ballet

**2.5 to 3 Years Old – Pink Leotard**

Wed - 3:15 PM to 4:00 PM

Sun - 9:00 AM to 10:00 AM

\*Parents participation in class required

**3 to 5 Years Old – Pink Leotard**

Mon | 4:00 PM to 5:00 PM

Tue | 6:00 PM to 7:00 PM

Wed | 4:00 PM to 5:00 PM

Thu | 6:00 PM to 7:00 PM

Sat | 10:00 AM to 11:00 AM

Sun | 10:00 AM to 11:00 AM



16422 Ventura Blvd, Encino, CA 91436  
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**5 to 7 Year Old – Pink Leotard**

Mon | 5:00 PM to 6:00 PM  
Tue | 6:00 PM to 7:00 PM  
Wed | 5:00 PM to 6:00 PM  
Thu | 6:00 PM to 7:00 PM  
Sat | 11:00 AM to 12:00 PM  
Sun | 11:00 AM to 12:00 PM

**7 to 10 Year Old – Black Leotard**

Tue | 4:00 PM to 6:00 PM  
Thu | 4:00 PM to 6:00 PM  
Fri | 4:00 PM to 6:00 PM

**10 to 15 Year Old – Black Leotard**

Mon | 6:00 PM to 8:00 PM  
Wed | 6:00 PM to 8:00 PM  
Fri | 6:00 PM to 8:00 PM  
Sat | 10:00 AM to 12:00 PM

**MUSICAL THEATER PROGRAM**

Tue & Thu | 4:00 to 5:30 PM  
Sat | 1:30 PM to 3:00 PM

Ages 8 to 19 includes 2 performances

**WIZARD OF OZ MUSICAL REHEARSAL**

**SAT 3:00 PM TO 5:00 PM**

**SHOW ON SATURDAY, DECEMBER 22ND 202**

**MONTHLY TUITION**

Tuition is based on 4 weeks in a month

\$125 – 1 class per week

\$190 – 2 classes per week

\$246– 3 classes per week

\$316– 4 classes per week

\$345– 5 classes per week

\$405– 6 classes per week

w/\$45 Annual Registration



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